

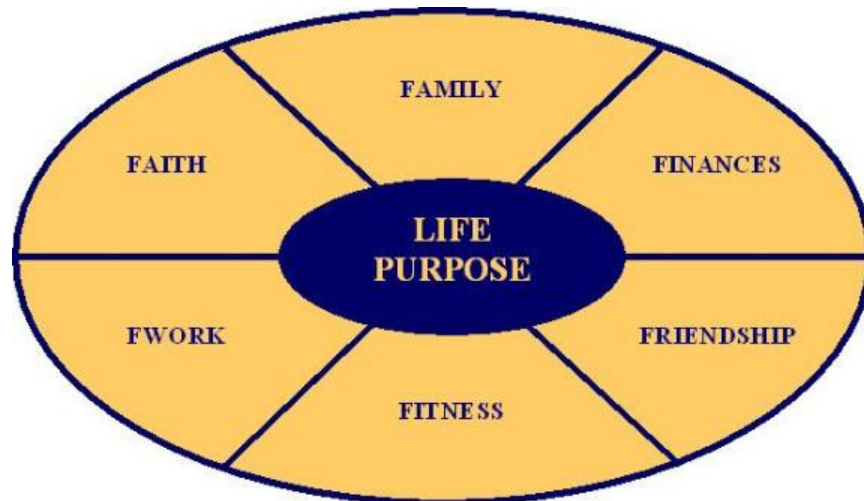
# ReadyAimLife GamePlan

There is an old adage that says, “if you fail to plan then you plan to fail”. There is an even older adage that “without a vision the people perish”. With the pace of life that most of us live, a lack of clarity in the key areas of life will leave us frustrated and at best semi productive. **We all have dreams of a life that is perfectly operating on all cylinders, yet for most of us we are not even sure what that means.**

The curse of our times is that we have become accustomed to the tyranny of the urgent and have learned to accept the fact that we can't get it all together. At ReadyAimLife, we say that you do not have to be a prisoner to the whims of the people and circumstances around you. Nor do you have to be a prisoner to your past. Life is a precious gift and we need to live it to the full. The opportunity before you in this planner is to develop a conceptual and practical GamePlan for your life that is principally sound, and extremely measurable.

**ReadyAimLife Mission-** Our mission at ReadyAimLife is to focus on living the life God intended. Jesus said that He had come that we might have a fulfilling, abundant life. We believe that there is life that is abundant and full and it is what God intended for you to live (John 10:10). We call that **LIVING LARGE**. We don't have it all figured out, but we're trying to improve everyday. Please join us as we learn together.

**ReadyAimLife Model-** We have identified 6 core areas that each of us deals with daily. This ReadyAimLife GamePlan is geared to help take you through a process that will help you clarify how you are doing in these essential areas of life. It is our conviction that living large comes from having a clear plan that is both God-centered and very practical in nature.



**ReadyAimLife Process-** Our process is pretty simply. We think you need to evaluate where you are (Ready Yourself), then you need to devise a plan to get you to the next level (Aim for your goals) and lastly execute your plan (Live it out). It looks like this.

- Ready- Evaluate Your Life, Area By Area!
- Aim- Develop a GamePlan!
- Life- Execute your GamePlan!

There is a story about a sign in Alaska that was designed to help the travelers deal with the harsh road conditions that said, "choose your rut carefully because you will be in it for the next 200 miles!" Developing a life plan is a lot like that. Your personal plan for your life will determine what you try to do with your life.

We all have a personal vision that drives us (this is our rut). Most of them are unrecorded and drive us and we are not even conscious of them. We want to help you capture your thoughts very tangibly so that you can begin your journey toward living the life that God intended for you. Will you face setback and not accomplish everything you set out to accomplish? You bet! But will accomplish more with a GamePlan? Oh yeah!

A friend of mine was a basketball player in high school and college and his dad was his coach in high school. His dad used to say, "Son you know that you miss 100% of the shots you don't take" I don't know about you but I would rather fail trying to accomplish something great than to play it safe and never attempt anything. Take the shot! Even if it is from half court. You might make it and be a hero.

Are you ready to start the adventure? There is a rugged landscape out there and only the most hearty will make it. Grab your compass, some provisions and your thinking cap and let's begin the journey that could help you get it all together.

# Ready Aim Life Purpose

The first exercise we will take you through is the capturing of a Life Purpose Statement.

This is not an easy task, but once you have discerned the overarching purpose of your life the practical steps to accomplish that vision will be easier. This Life Purpose statement is a work in progress but it will give direction to each of the area of your life.

This statement will synthesis the things that you value, the dreams that you have, the gifts and talents that you have been given and the character by which you plan to live your life.

In the personal development model that we are rolling out here at RAL, you will find in the center of the circle the words life purpose. No matter what you call it, life purpose, vision, mission statement or direction - each of us needs a unifying vision that permeates each and every part of our lives. Without it we lose our way quickly.

Life purposes consist of 3 key characteristics. They are **broad, they are brief and they are Biblical**. Let's talk about those three characteristics.

**Broad**- when we say that your life purpose is broad, we mean your life purpose is something big enough to give direction to the rest of your life. That's why it is symbolically at the center of the model, it is intended to infuse the rest of the areas with meaning. Many people pick a few of their favorite areas of life and build their existence around those. For example the woman who says her life's purpose is to "raise a family". That sounds great unless she never has children or her family is taken away in some tragic accident. Or the man who builds his life around his work and his life purpose is to "make a living". When he is fired at 55 or has an accident that leaves him disabled, all of a sudden we find that the purpose that was embraced is not big enough to encompass all of life or every circumstance. Four key questions that will give you some guidance here in developing a broad statement are 1) who am I? 2) Where did I come from? 3) Why am I here? 4) Where am I going? I know those are a bit elusive and hard to pin down but taking a philosophical approach will help you to determine a purpose statement that is broad enough.

**Brief**- you must also be able to capture your life's direction in a simple statement that is brief enough for you to remember. Most companies have mission statements and values but who really know what it is? When I first joined my current company one of the things you had to do in the training process was to memorize the mission and values of the company. Our company has done pretty well at keeping these in front of the troops. But as individuals most of us would struggle to articulate our sense of mission and value. Be brief. Pithy. Imaginative. Memorable.

**Biblical**- unashamedly, our worldview here at RAL is a Biblical one. It is our conviction that you must base your beliefs on a truth system that has stood the test of time. The Biblical record is one that we have tremendous confidence in and are attempting daily to

live out. If you have a different truth system that is fine and you may want to make sure your life purpose lines up with that system. But it is our conviction that **you need to connect to something more than just your own opinion** when it comes to setting up something as important as a life mission statement.

Let me illustrate what I am talking. As I worked through the philosophical questions of who am I, where did I come from, why am I here and where am I going it seems to me that I am a created being who was formed by a creator God and I exist to serve and follow Him and someday will find my way back into His presence to serve Him forever. My life purpose statement is **“I exist to Glorify (Please) God by loving God, loving people”**. Do I live this out everyday? No way! Is it a noble direction for my life? You bet! Your Life Purpose Statement may develop differently than mine but make sure it is Broad, Brief and Embraces your truth system. We do not have to live an aimless, purposeless life.

As you creating this statement make sure you answer these questions:

- 1) Why do I exist?
- 2) Who am I?
- 3) Where did I come from?
- 4) Why am I here?
- 5) Where am I going?
- 6) What am I gifted at?
- 7) What kind of person do I want to be in my character?
- 8) What is most important to me?
- 9) What would I die for?
- 10) What do I want to live for?
- 11) What do I want to be remembered for?
- 12) What do I want to accomplish in my lifetime?

Write Your Life Purpose Statement Here
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# Faith GamePlan

Our Faith in God is an intensely personal thing that publicly displays itself everyday in every way. This GamePlan is designed to help you think through your walk with God and your ministry to people around you.

## **Ready- Evaluate Your Life**

*Make sure and look through your previous GamePlan (Goals).*

*How are you doing in this area?*

*What obstacles are you facing in this area? What other resources do you need?*

*How are you living out your life purpose in this area?*

*How are you utilizing your gifting in this area?*

*How is your character being challenged/lived out in this area?*

*What is your dream in this area?*

*What is your potential in this area? Where do you want to be 10 years from now?*

## **Aim- Develop a GamePlan**

*What do you hope to accomplish in this area in the next month, next quarter, next 6 month, next year, next 5 years, next 10 year?*

*If you knew the thing you attempted would be successful what would you attempt in this area?*

## **Life- Execute your GamePlan**

*How often do you plan to evaluate your progress in your GamePlan?*

*How are you planning to evaluate your progress in your GamePlan?*

*Who is holding you accountable to your Game Plan?*

# Family GamePlan

For most of us our family or aspirations to be involved in family in a meaningful way is very important to us. This GamePlan is designed to help you think through your goals with your immediate and extended family.

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# Finances GamePlan

Show me a man's checkbook and his date book and I will show you what he values. This GamePlan is designed to help you think through your finances.

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# Fitness GamePlan

Some of us still look good and some of us don't. Some of us are healthy and some are not. This GamePlan is designed to help you think through your health and fitness. We cannot control everything in this area but we can control our focus in living a healthy lifestyle.

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# Friendship GamePlan

The older we get the more we have a tendency to live on an island. When you die whom will you have loved and who will love you. This GamePlan is designed to help you think through your friendships and social life.

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# Work GamePlan

Some men live to work, some work to live. This GamePlan is designed to help you think through developing a healthy approach in this important part of a person's life.

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# Accountability GamePlan

Two are better than one for they have a good return for their labor. If one falls down his companion will pick him up. But woe to the one who falls when there is not another to pick him up. As iron sharpens iron so one man sharpens another. Who is tracking with you and helping you accomplish your GamePlan?

It is our opinion that you need at least one person who will meet with you at least once a month and let you download what is going on in your working out of your GamePlan. You might consider a team of guys who have expertise in the areas we have laid out here. It will require humility and honesty on your part but you might actually begin to achieve your goals.

Who is it going to be?